

Occupational Therapy Test & Measures

There are lots of options for different, deficit specific test and measures. Below is a list that highlights some of the different options available. Practitioners should use clinical judgment to choose tests and measures most appropriate to the patient and their condition.

- O – Oswestry Low Back Pain Disability Questionnaire
- C – Clock Drawing Test
- C – Coordination (Fine and Gross Motor)
- U – Urinary Distress Inventory (UDI)
- P – Powered Personal Mobility Device Skills Worksheet
- A – Arm Curl Test
- T – TUG - Timed Up and Go
- I – Independent Living Scales (ILS)
- O – Occupational Interest Inventory
- N – Non-Communicative Pain Tool
- A – Allen Cognitive Level Screen
- L – Lowenstein Occupational Therapy Cognitive Assessment

- T – The Global Deterioration Scale for Assessment of Primary Degenerative Dementia
- H – Hayling and Brixton Tests
- E – Executive Function Performance Test (EFPT)
- R – Reedco Posture Sheet
- A – Activities of Daily Living Index
- P – Physical Performance Test
- Y – Yes/No Assessment (The Putney Auditory Single Word Yes/No Assessment)

Patient Example – *OT High Complexity Evaluation: 82 y/o female with a new diagnosis of CHF and dysphagia and PMHX: OA, COPD, left hip replacement and DM. She previously received rehab at this facility in 2014 for her left hip replacement. Patient lives in a single level home with her 92 year old husband who is unable to assist with her care. Husband reports multiple falls over the past 3 months with increased difficulty with ambulation and refuses to use AD. She attends Bingo at her church every Wednesday afternoon. She reports no c/o pain, presents with high anxiety, on 2L O2 PRN, presents with poor safety, poor balance and poor activity tolerance. BORG scale score of 8 during conversation with unsupported sit, Functional Reach score of 4 inch, she requires Mod Assist with ADLs and transfers and BUE strength: 3/5.*

****Please contact your ADO for the process of ordering standardized tests that are not readily available****

You can access our assessments page on Knect by going to: [Knect >Kindred Rehabilitation Services >Clinical Services >Skilled Nursing \(RHB\) >Assessment Tools & Tests >Examples of Assessments & Tests](#)