

April is National Occupational Therapy Month Ideas to Celebrate OT Month

- Utilize Recognize CORE to recognize and celebrate our occupational therapy practitioners
- Select one day a week in the month of April to “free” the rehab department of restorators, peg boards and shoulder arches and utilize alternative functional activities such as: cooking, gardening, adapting a game to address functional deficits, turn Monday into a medication management day, turn Tuesday into Tuesday to town day with focus on community re-integration activities, turn Wednesday into wet Wednesday with focus on bathing, turn Thursday into toileting Thursday and turn Friday into down Friday with the focus on lower body dressing
- Host facility pot luck to celebrate OT. Have everyone use an adaptive device before they can serve themselves to give them an idea of how the device works.
- Host a root beer float all staff party and challenge everyone to make their root beer floats one handed
- Coordinate an all staff in-service to educate others on the role of occupational therapy
- Create an occupational therapy month bulletin board in your department recognizing your occupational therapy practitioners by providing fun facts about them
- Get involved in community activities such as: CarFit events, volunteering at a food pantry or participate in a local charity event

